New International Student Pre-Orientation Packet

This packet contains very important visa and registration information.

Please read it through carefully.

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Orientation Requirement Checklist

You MUST BRING ALL the following to the Orientation:

If you plan to make copies at the campus library before the orientation, bring a few $1 bills or coins. The library does not provide change or coins.

<table>
<thead>
<tr>
<th>Check</th>
<th>Documents</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Original AND copy of Kapi'olani CC I-20 (page 1 only)</td>
<td></td>
<td>Sign your I-20 first. Copy after entering the U.S.</td>
</tr>
<tr>
<td>Original AND copy of passport photo page</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Original AND copy of F-1 visa page</td>
<td></td>
<td>Copy after entering the U.S. Include the stamp of your arrival date.</td>
</tr>
<tr>
<td>Original AND copy of health insurance document</td>
<td></td>
<td>Show start and end dates to cover the entire semester. See page 7.</td>
</tr>
<tr>
<td>Original AND copy of 2 MMR records in English*</td>
<td></td>
<td>Use attached Health Clearance Form signed by a doctor. Can be done in your home country.</td>
</tr>
<tr>
<td>Original AND copy of TB clearance*</td>
<td></td>
<td>Must be done in the United States within 1 year prior to the first day of classes OR administered by a licensed U.S. doctor abroad (license number required) Use attached Health Clearance Form signed by a U.S. doctor.</td>
</tr>
<tr>
<td>Acceptance letter</td>
<td></td>
<td>The letter you are reading right now</td>
</tr>
<tr>
<td>Address and phone number in your home country</td>
<td></td>
<td>Translated in English</td>
</tr>
<tr>
<td>Address and phone number in the U.S.</td>
<td></td>
<td>Include zip code</td>
</tr>
<tr>
<td>UH Username and password</td>
<td></td>
<td>See page 5</td>
</tr>
</tbody>
</table>

*See page 8-10 for local clinics. TB results can take up to 10 days. Without TB results and MMR records, you cannot register for classes. If you need to do both, be sure to complete TB first.
√ **To Do Before Arriving in Hawaii:**

- Read this packet and your acceptance letter carefully
- Sign page 1 of your I-20
- Pay the SEVIS fee of $200 at [www.FMJfee.com](http://www.FMJfee.com) and print out your receipt
- Apply for F-1 visa (contact the U.S. embassy in your home country for more details)
- Read “How to Navigate the US Immigration System” [https://www.ice.gov/sevis/students](https://www.ice.gov/sevis/students)
- Create your UH username and password (See page 5). If you have any questions please email our office at hic@hawaii.edu
- Make housing arrangements (See page 6).
- Make flight reservations to arrive in Hawaii **at least 10 days before your orientation date** to have enough time to get TB results in the U.S.
- Obtain proof of **2 records of MMR** (Measles, Mumps, and Rubella). Use attached **Health Clearance Form** and ask your doctor to fill out in **English**.
  
  *Note: Returning and transfer students from the UH system community colleges do not need to resubmit new MMR records.*
- Obtain proof of **health insurance**
  - Watch video on health care system in the U.S. (link on page 7)
  - Circle your start and end dates on your insurance and make sure it **covers the entire semester**
- Prepare for tuition payment
  - Credit/debit cards, checks or cash accepted
- If you have previously attended college and would like to transfer your credits, prepare the following materials in **English**:
  - Official transcript(s)
  - Course descriptions
- Bring a laptop (or purchase in the U.S.) for your studies.
√ To Do After Arriving in Hawaii:

- Obtain proof of TB clearance in the United States. Use attached Health Clearance Form (See page 8-10 for health clinics near campus)
  - Must be done within 1 year prior to the first day of classes
  - The result can take up to 10 days
  - There are no exceptions: you cannot register or attend classes without TB clearance

  *Note: Returning and transfer students from the UH system community colleges do not need to resubmit new TB clearance. However, transfer students from UH HELP, NICE, and all other four year campuses in Hawaii still need to bring a copy of previous TB clearance.

- Make all copies of documents listed on page 2

- Attend the mandatory International Student Orientation
  - Bring this packet and the documents listed on page 2
  - You can register for classes ONLY after you attend orientation and submit all the required documents
  - If you do not register prior to the first day of the semester, you will be charged a $30 late fee

- Student bus passes (called Upass) are available for purchase after you pay your tuition. The Upass costs $225 for the spring and fall, $150 for the summer. Prepare the exact amount of cash (no change is given). Dates valid:
  - Fall – August 1 to January 15
  - Spring - January 1 to May 31
  - Summer – May 1 to August 31

Hawaii Bus Information: http://thebus.org/
To Create Your UH Username and Password

https://myuh.hawaii.edu

1. The name is case sensitive. First letter has to be capitalized. Name should be the same as it appears on your I-20.
2. UH Number is a 8 digit number. It is on page 2 of this packet.
3. Call HIC at (808) 734-9312 if you have questions.
Student Housing Referral System (SHRS)

SHRS provides housing referral information to help you get started. Disclaimer and more housing information can be found at: http://www.kapiolani.hawaii.edu/campus-life/housing/. KCC housing coordinator: Shawn Yacavone at yacavone@hawaii.edu, 808-734-9768.

Average cost of housing in Hawaii:
Shared: $600 - $750        Private: $950 - $1200

Housing Resources

UHM Off-Campus Housing Referral Program: http://www.housing.hawaii.edu/och/

Atherton YMCA: http://www.athertonymca.org/index.htm

Hawaii Student Housing: http://www.hawaiistudenthousing.org/

Hawaii Student Suites: http://www.studentrentalshawaii.com/

Homestay Options

American Homestay
Contact: Machiko Mohri
Email: mohrim@yahoo.com
Telephone: 808-396-5123

Island Homestay
Contact: Mona King
Email: island-homestay@hawaii.rr.com
Telephone: 808-224-8300

International Student Placements
Web: www.isphomestays.com
Contact: Jean Ikeda
Email: info@isphomestays.com
Telephone: 1-650-947-8879

Rainbow Homestay
Web: www.rainbow-homestay.com
Contact: Naomi Palmer
Email: info@rainbow-homestay.com
Telephone: 808-277-9016

Ribbon Productions Homestay
Web: www.ribbonprohawaii.com
Contact: Mayumi Miyahara
Email: miyaharam@hawaii.rr.com
Telephone: 808-924-3999
Health Insurance

Health insurance is a requirement for international students studying in the U.S. Medical care in the U.S. without insurance is very expensive. To understand the health care system and costs in the U.S., see below video:

https://www.isoa.org/video_for_KCC

Please keep in mind that the below health insurance companies are provided as possible resources and are not endorsed by Kapi‘olani CC. You may use health insurance from your home country if it provides international coverage for regular doctor’s visits.

- ISO Student Health Insurance
  - https://www.isoa.org/kapiolani_community_college

- HMSA UH Student Health Plan: http://www.hmsa.com/portal/?gid=student
  - Apply in-person only. Bring your acceptance letter and I-20
Local Clinics for TB/MMR

Information subject to change; Please call to verify office hours and pricing. If you need to do both TB and MMR in the U.S., be sure to complete TB first.

### Diamond Head Clinic

<table>
<thead>
<tr>
<th>Tel:</th>
<th>733-9220</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>3627 Kilauea Avenue Rm 302 Honolulu, HI 96816</td>
</tr>
<tr>
<td>TB Given:</td>
<td>2:00 – 4:00 pm (Mon) If a holiday is on Monday or Wednesday, TB skin test services will be cancelled.</td>
</tr>
<tr>
<td>Service:</td>
<td>TB</td>
</tr>
<tr>
<td>Cost:</td>
<td>Free</td>
</tr>
<tr>
<td>Appointment:</td>
<td>No</td>
</tr>
</tbody>
</table>

### Lanakila Health Center

<table>
<thead>
<tr>
<th>Tel:</th>
<th>832-5731</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>1700 Lanakila Avenue Ground Floor Honolulu, HI 96817</td>
</tr>
<tr>
<td>TB Given:</td>
<td>7:45-3:30 (M, Tu, W, &amp; F)</td>
</tr>
<tr>
<td>Service:</td>
<td>TB / X-Ray</td>
</tr>
<tr>
<td>Cost:</td>
<td>Free</td>
</tr>
<tr>
<td>Appointment:</td>
<td>No</td>
</tr>
</tbody>
</table>

*No testing done 2 days before a holiday or the Friday before a major holiday as the clinic is closed on holidays.

*Requires 2nd visit 2-3 days later for reading.

If your skin test is positive, you need to follow up with X-Ray which will take additional 3-4 business days.
University Health Services Manoa

Tel: 956-8965
Address: 1710 East West Road
         Honolulu, HI 96822
Office Hours: 8:30 - 12:00 & 12:30 – 4:00
            (M, Tu, Th, & F)
            8:30 – 12:00 & 1:30 – 4:00
            (W)
Service: TB / MMR
Appointment: No
Website: http://www.hawaii.edu/shs

Waikiki Health Center

Tel: 922-4787
Address: 277 Ohua Avenue
         Honolulu, HI 96815
MMR Given: 8:30 – 12:00pm (Mon to Sat)
Service: MMR
Appointment: Yes
Website: http://www.waikikihealthcenter.org/
St. Luke’s Clinic

Tel: 945-3719
Address: 1441 Kapiolani Blvd. Suite 2000
Honolulu, HI 96814
Office Hours: 8:30 – 4:00 (M to F)
*last appt 3:00
8:30 – 12:00 (W, Sat)
*last appt 11:00
Service: TB / MMR / X-ray
Appointment: Yes

* I-20 is necessary.
*TB+X-ray result takes at least 5 days
*Japanese/English services

Urgent Care Kahala

Tel: 735-2273
Address: 4218 Waialae Avenue
Suite 106
Office Hours: 9:00 – 8:00 pm (Mon – Fri)
8:00 – 5:00 pm (Sat – Sun)
Service: TB / MMR
Appointment: No
Website: http://www.kahalaurgentcare.com/