Student's Name: _	
UH ID#:	
Program:	

UNIVERSITY OF HAWAI'I • KAPI'OLANI COMMUNITY COLLEGE

Nursing Department

Physical Examination Clearance

This is to confirm that	
Student's N	ame
enrolled in the	Practical Nursing, Nurse Aide, Surgical Tech, etc.)
(A.S. Degree in Nursing, LPN-RN Transition,	Practical Nursing, Nurse Aide, Surgical Tech, etc.)
had a physical examination done on	
requirements indicated below within the chart title	ed "Technical Standards for the Department of Nursing
Program."	
Name of agency	Signature & Title of Examining Physician/Practitioner
Date	Print Name & Title

Technical Standards for the Department of Nursing Program

Issue	Standard	Examples
Hearing	Ability sufficient to monitor and assess health needs.	Converse with patients and health care professionals; auscultation of BP, breath, heart and bowel sounds; respond to paging systems, bells, telephones, and equipment sounds.
Mobility	Mobility and strength sufficient to support and move patients.	Support and transfer patients, move in and out of treatment areas.Reach equipment or parts of patient's body.
Motor Skills (fine & gross)	Perform multiple motor tasks simultaneously. Ability to lift, move, position, and transfer patients sufficient to provide safe and effective nursing care.	Maneuver and operate equipment, pushing/pulling/carrying, perform CPR.
Tactile	Tactile ability sufficient for physical assessment.	 Distinguish hot or cold skin temperature, pulse rate; feel anatomical landmarks. Distinguish textures, degree of firmness, temperature differences.
Visual	Ability sufficient for observation and assessment necessary in nursing care. Have peripheral form depth perception and ability to distinguish shades of color	Describe patient's skin color, perform calibrations on syringes, administering medications, thermometers, reading and writing patient's charts/flow sheets/ monitors; interpret regent tests, color of body fluids, changes in skin color.

*This clearance is only valid for 6 months prior to the start of any Program. If you re-enter a program or if there is a change in your health/physical status, you are required to submit a new Physical Examination Clearance form for medical clearance. Changes in health status includes: pregnancy, exposure/testing for any communicable disease or illness and/or surgery or any illness that may affect student's health. Nursing students must submit documentation from a healthcare provider stating they are fit for duty & may return-to-clinical duties. Note should state if there are any restrictions.